Cancer Institute NSW



Women's cancer screening checklist

Your name: Age:

Cervical Screening

- The Cervical Screening Test finds the infection that causes cervical cancer. This infection is called human papillomavirus.
- The Cervical Screening Test is quick and simple. If you have had a Pap test, the way the test is done will feel the same.
- If you're aged between 25 and 74 and have ever been sexually active, you need to have a Cervical Screening Test every 5 years.

Cervical screening checklist	Yes	No	Unsure
I have done a cervical cancer screening test in the past			
If yes, my last cervical cancer screening test was in:			(year)

Was the result normal?

Breast Screening

- Screening for breast cancer begins at age 50 for most people.
- Finding breast cancer when it is small makes treatment easier and improves survival rates.
- BreastScreen NSW recommends women have their free breast x-ray (mammogram) every 2 years from age 50-74.
- Mammograms can find cancers the size of a grain of rice, long before they can be seen or felt.

Breast screening checklist	Yes	No	Unsure
I have had a mammogram in the past			
If yes, my last mammogram was in:			(year)
Was the result normal?			

Has someone in your family had breast cancer?

Bowel Screening

- Screening for bowel cancer begins at age 50 for most people.
- If bowel cancer is found early it can be successfully treated in more than 90% of cases.
- The bowel cancer screening test is the faecal occult blood test (iFOBT).
- The bowel cancer screening test looks for very small amounts of blood in bowel motions (faeces or poo).

Bowel screening checklist	Yes	No	Unsure
I have done a bowel cancer screening test (iFOBT) in the past			
If yes, my last bowel cancer screening test was in:			(year)
Was the result normal?			
Have you ever had a colonoscopy?			
Has someone in your family had bowel cancer?			
Is your address up to date with Medicare?			

The bowel cancer screening test is sent to the address you have listed with Medicare.

For completion by GP only – GP to return all forms to reception.			
Cervical screening checklist	Yes	No	Up to date
Cervical Screening Test recommended?			
Cervical Screening Test completed during appointment?			
Follow up appointment required to complete a Cervical Screening Test? (If yes, practice administration to contact patient to book appointment)			

Patient screening history obtained through NCSR portal (www.ncsr.gov.au) or 1800 627 701.

rations screening history obtained through NC3N portat (<u>www.ncsi.gov.au</u>) or 1800 027 701.			
Breast screening checklist	Yes	No	Up to date
Screening recommended?			
BreastScreen NSW appointment card provided or appointment made? (phone 13 20 50 or online www.breastscreen.nsw.gov.au)			
Full family history required?			
Full family history completed?			
Follow up appointment required to complete family history? (If yes, practice administration to contact patient to book appointment)			

(If yes, practice administration to contact patient to book appointment)			
Bowel screening checklist	Yes	No	Up to date
Bowel cancer screening recommended and a bowel screening test requested through HCP			
Full family history required?			
Full family history completed?			
Follow-up appointment required to complete family history? (If yes, practice administration to contact patient to book appointment)			
Patient screening history obtained through NCSR portal. www.ncsr.gov.au or 1800 627 701.			
Patient told how to update their Medicare address (if required)?			
Patient advised If Medicare address requires updating, the NCSR address will also need to be updated and a new bowel screening kit requested. This can be done by: logging into their MyGov account OR by calling Medicare on 132 011 OR by visiting a service centre			

